



## 5-1 Review

**You may believe that Instagram images are the true happiness you should have.**

**You may look to your partner for your happiness.**

**You may show off your abilities and beauty to your colleagues and friends.**

**You may want your parents to love you too.**

You will certainly find happiness by going in that direction.

You are trying to build beautiful happiness with the cards you have collected in various directions.

But unfortunately, it is a piece of paper.

The pyramid may stand for a moment, but it will collapse as soon as one of those cards flops.

Listen, you cannot build your happiness with a piece of paper.

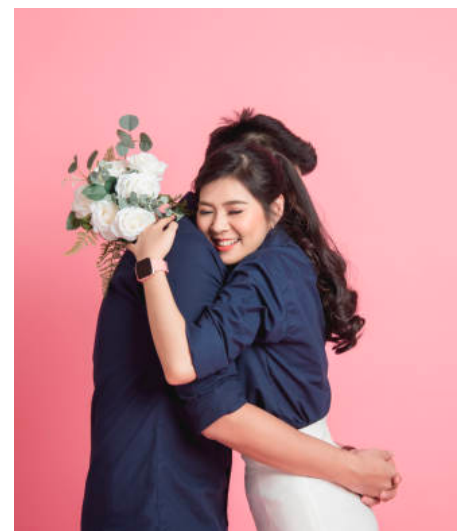
The happiness you truly seek is not there.

If the person made your wish come true,  
you ask for the next one.

And when it comes true,  
you ask for the next one.

You keep asking forever.

Because...





**[The amount of affection your heart desires] VS**

**[The amount of love that someone else gives you]**

**They are two completely different dimensions.**

It is impossible for someone else to fulfill your needs.

YOU make you happy. Okay?



Emotional Healing

Do for your inner self all 7 things you wish someone would do for you. Start there.

You have come this far with the support of your little you.

Now it is your turn to return the favor.

Your self-esteem is your little self.

Don't beat yourself up anymore. Don't hurt yourself.

Love yourself.



## 5-2 Review

Money is always needed to make more choices.

The more choices you have, the more you can do, the more experience you gain, and the faster you grow.

Rich people have worked hard in their field through trying and error.

There is no need to compare. You have your soul.



## Emotional Healing

**You will receive money and become rich in a way that suits you, keeping your feet on the ground.**

To make investments, don't ask people. As professional investors will tell you, it is very dangerous to rely on the information you hear from others to invest your money, and it is too risky to just get money without learning.

Only you know what is right for you.

Do a lot of research on the Internet and in books.



If you start following your soul, you will always have the support of an invisible force. **Money is energy, and your wallet is just a container.**

Once you are determined, it will flow to you. Believe in yourself.

You will be fine.



## 5-3 Review & Emotional Healing

Your soul is the only one on earth that God has given you!

You will continue to live with your soul in the next life.

Life is for the soul's growth, and it's so simple.

If you turn away from that, everything will go wrong.

If you follow your instincts and go in the direction of what your heart tells you, things will start to move unexpectedly. And it will be smooth.

That is because you have the support of an invisible force.

It isn't easy to find what you want to do.

Especially if you stay in the same environment, you will not find anything. Please move. I say it again and again.

Change where you put yourself—both online and in real life.

It will lead to new growth.

Change is the scariest thing for humans.

And when you can adapt to it, you will have reinforced self-esteem.

Without embracing change, you will never develop authentic self-esteem.

**STAND on the earth on your own two feet and live.**

You are the one who will make the beautiful flowers bloom.

With love, Teacher Karin.

